



since 1980
STAGES
 PERFORMING ARTS SCHOOL

PRESCHOOL DANCE CLASSES 2025 - 2026

for ages 18 months and up



even the littlest angel can dance

PRESCHOOL DANCE PROGRAMS: the STAGES way . . .



*Kim Breiland, Director of STAGES
 and some of her young students*

Movement is the way in which children first express themselves: their feelings, their joy to be alive. We encourage students to build self-confidence through explorations of rhythm, music and movement. Their coordination and balance is developed through fun activities that introduce diverse ways of moving.

Research continues to show that by introducing pre-school children to the visual and performing arts, they will be more likely to develop the necessary critical thinking and communication skills for a lifetime of learning.

Whether this is your first time with us or you are continuing, you'll find that we adjust the pace to meet the challenges and development needs of the age groups. Each class is aimed to delight and explore new movement for your child in a fun filled music and dance class.

We believe that every child is special and unique. We recognize that each child learns at their own pace and that every accomplishment, no matter how great or small is important. We embrace every family's uniqueness and both respect and embrace their dreams.

Our preschool dance programs encourage your baby, toddler or preschooler and you to explore and delight in movement. Each class is filled with colour, texture, multi-sensory play and music. Rhythm, creative movement and appropriate developmental play encourages whole body learning that enhances brain development and stimulates the imagination.

- ~ Dance provides a link between a child's play and the more structured environment of school.
- ~ Dance enhances a child's physical, intellectual, aesthetic, and social development.
- ~ Dance provides opportunities to develop the imagination.
- ~ Dance encourages cooperation and helps children develop friendships as well as the appreciation of their own abilities and the abilities of others.
- ~ Dance fosters important relationships between sound, music, as well as both auditory and physical patterns.

Help your child discover the joy of self-confidence & expression through dance.

STAGES Performing Arts School

#301, 1551 Cedar Hill X Road, Victoria, BC V8P 2P3
 (Behind the Shelbourne McDonald's)
 Phone 250-384-3267 E-mail: stagesdance@shaw.ca
 Web: www.stagesdance.com

NORMAL OFFICE HOURS

(through the school year)
 Tuesday - Thursday 9:30am - 2:00pm
 Tuesday - Friday 3:30 - 9:00pm
 Saturday 9:00am - 2:00pm (over...)

STAGES PRESCHOOL DANCE CLASSES 2025-2026

Session Dates & Fees

~ Winter 2025 season, September 9th - December 9th (13 weeks): \$130 per class.

~ Spring 2026 season, January 13th - June 9th (21 weeks): \$190 per class.

New students are welcome throughout the sessions (fees will be pro-rated).

Drop In Rates ~ Drop in cost per class: \$20.00. Drop in students are welcome anytime, as long as the class is not full. If a drop in student registers within the same session as the drop in(s), we will pro-rate your account.

Registration Fee ~ There is a \$25.00 registration fee per family for the season (not per session).

Payments ~ Fees are payable by cheque, cash, or E-Transfer which must be completed at time of registration.

Refunds ~ There will be no refunds after the second class of the session after the second week of class.

Family Rates ~ There is a 15% discount for families with two children in the Preschool Program.

Clothing For Classes ~ All clothing should be stretchy and/or fitted dance wear allowing for freedom of movement.

Performances:

Fall Demonstration: Before the holiday break each class performs at a 'demonstration' for parents, family and friends.

Recital: In June we end our year with a recital. Each class has a number in this recital which is rehearsed during regular class time.

Recital Photo & Video Package:

We dedicate one week in May for an in-studio photo shoot. These photos are taken during the Preschooler's regular class time as not to disturb you or your child's schedule. We also have our photographer at our Recitals, and record the show. The photo and Video package costs \$65 per student, up to a maximum of \$130 for three or more students

Costumes For Performances:

December Demonstration: For the Demonstration in the fall, students wear their regular dance class attire along with a specific- colored t-shirt for their class. These t-shirts are \$15 per preschool class they are registered in.

Recital: In preparation for the June Recital we collect costume deposits of \$75.00 per student, per class. This costume deposit must be made on or before January 31st.

Dates To Remember

2025 • September 9th: WINTER PRESCHOOL CLASSES BEGIN

• December 9th: DEMO (subject to theatre availability) & Winter Break

2026 • January 13th: SPRING PRESCHOOL CLASSES BEGIN

• June 13th: RECITAL 2026 (subject to theatre availability) & Season End

• Classes do not take place during Spring Break, March 16th - 29th

TUESDAY PRESCHOOL CLASSES

- Little Dancers 10:00 - 10:45am 18 -36 months old

Parent and caregiver participations is required. Taught to popular children's music such as the Wiggles, Disney, Winnie the Pooh and more. This fun filled multi-sensory class will expand on your child's movement vocabulary , enhance brain development and enrich their imagination. The little dancers and their grown up will learn a series of steps that will be structured into a piece which will be featured in our June recitals.

- Jazz & Hip Hop 1:00 - 1:45pm 3-5 year olds

The class is a combination of jazz and hip hop that gives these dancers a strong foundation in these dance styles. In both the jazz and hip hop segment of each class these dancers will also learn how to combine basic steps from both dance styles. With a selection of choreography that will be a part of our June Recitals.